

Name: _____

What Am I?

I come in tiny little bits. What am I?

Long ago I was needed in food to keep it from **spoiling**. Today I am still used to keep meat like ham and bacon **fresh**.

Sometimes I have no color and sometimes I am white. I come in tiny bits like sand. When I'm in water you can't see me at all. And I'm found in water a lot.

Your body can't do without me. But too much of me is not good for you.

You never eat me alone. But you use me a lot in cooking and often sprinkle me on your food because I make it taste better. But, **beware!** If you have too much of me you'll be thirsty.

One more **tip** - I can melt snow, but I can also be used to **freeze** ice cream.

What am I?

The text is about ____

True or False

- | | | |
|----------|----------|----------|
| 1. _____ | 2. _____ | 3. _____ |
| 4. _____ | 5. _____ | 6. _____ |

Put the sentences in the correct order.

- _____ Your body can't do without me.
- _____ I can make snow melt.
- _____ You never eat me by myself.
- _____ I have no color.

Match the words with their meanings.

- | | |
|-----------------|----------------------------|
| ___ 1. fresh | a. make into ice |
| ___ 2. spoiling | b. like new |
| ___ 3. beware | c. hint |
| ___ 4. tip | d. be careful; watch out |
| ___ 5. freeze | e. becoming bad; not fresh |